



The Leader in You: Leadership 102

Academic Challenge

As a young adult, developing a sense of identity and forming new ideas and opinions is critical to being more independent and self-reliant. Successfully interacting with peers, teachers, coaches and family can often present its own challenges. By growing in self-awareness and improving communication skills and mindsets, young adults will become more confident, competent and capable, unlocking their full potential as leaders.

About the Program

By incorporating a variety of techniques that appeal to young adult learning styles, we maximize participant engagement. We use group-led discussions, Socratic methods and multimodal approaches, such as hands-on exercises, videos, breakout groups and role-playing. The program consists of six highly interactive group sessions, facilitated virtually and in person. Key elements of the program include:



Program Details

Grades: 11th & 12th Grades

Price: \$50.00 per student

Time: 3:30 - 5:00 pm

Schedule: Every Wednesday for 6 weeks from January 26, 2022, to March 2, 2022

Location: Zoom

REGISTER HERE: NallyVentures.com/academic-challenge-leadership

Program Sessions

- **What is leadership? & Unpacking Emotional Intelligence**
 - Understand the difference between strong and weak emotional intelligence.
 - Learn how to boost emotional intelligence.
 - Analyze how emotional intelligence is impacting you as a leader.
- **Mindset & Ownership**
 - Analyze the benefits of a growth mindset.
 - Define the mindset of ownership.
 - Learn how to own intent, actions and inactions.
- **Be a Communication Catalyst**
 - Examine the common causes of communication breakdowns.
 - Become more self-aware of those breakdowns and when they occur.
 - Create mindful connections through the 4C's.
 - Master winning techniques to spark successful communications.
- **Conflict Resolution**
 - Learn how to effectively identify a problem and examine its root cause.
 - Implement a problem-solving methodology.
 - Acquire the steps to successfully resolve conflicts and present solutions.
- **Effective Planning & Goal Setting**
 - Implement pre-planning techniques.
 - Apply the 5Ws and 1H and use effective communication to launch a plan.
 - Understand the importance of setting goals.
 - Learn how to define clear, measurable and meaningful goals (S.M.A.R.T goals).
- **Leading Into Action**
 - Review key concepts.
 - Identify top program takeaways and share your commitment to continuous improvement.
 - Create an action plan to apply new leadership learnings.



INSTRUCTOR: Jen Walls, Educational Program Manager

- Curriculum developer & program facilitator for Young Adult Leadership Programs
- Certified Secondary Educator
- B.A in History from Washington College

"I definitely already see myself putting these lessons into action. Moving forward I'm going to continue doing a lot of self-awareness and taking accountability in certain situations as well as bettering myself so I can be better for others."

- High School Junior

About Us

Established in 2003, Nally Ventures is an entrepreneurial company founded by Mike Nally, a real estate developer and proven leadership coach. We are a results-oriented business committed to providing solutions in order to take organizations and projects to the next level. We provide an array of services that transform executives into world-class leaders, produce a new generation of highly effective managers and team members, and navigate the maze of real estate development. At Nally Ventures, we take tremendous pride in being a team our clients can trust, respect and rely on to foster new growth for their businesses.